




October West Pavilion



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 3:00 – Church/Hymn Sing with Craig Hembree in the Fountainroom!	2 10:30 – Namaste 2:30 – Music Relaxation and 1:1 Care	3 10:30 – Namaste 2:30 – ROM movement to music, Massage and Relaxation	4 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 2:30 – Sensory Video and Manicures	5 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 2:30 – Sensory Video and Manicures	6 10:30 – Namaste 2:30 – Little Ricky in the Fountainroom 4:00- Massage	7 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 2:30 – Sensory Video and Manicures
8 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 2:30 – Inspirational Reading and Relaxation	9 10:30 – Namaste 2:30 – Music Relaxation and 1:1 Care	10 10:30 – Namaste 2:30 – ROM movement to music, Massage and Relaxation	11 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 2:30 – Sensory Video and Manicures	12 10:30 – Namaste with Live Harpist Nancy Addison 2:30 – ROM movement to music, Massage and Relaxation	13 10:30 - Namaste 10:30 – Alan Weisenberg in the Fountainroom! 2:30 – Warm Foot Massages	14 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 2:30 – Sensory Video and Manicures
15 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 3:00 – Church/Hymn Sing with Craig Hembree in the Fountainroom!	16 10:30 – Namaste 2:30 – Nature Video, Read to Residents	17 10:30 – Namaste 2:30 – Music Relaxation and 1:1 Care	18 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 2:30 – Sensory Video and Manicures	19 10:30 – Namaste with Live Harpist Nancy Addison 2:30 – ROM movement to music, Massage and Relaxation	20 10:30 – 12:00 – OCTOBERFEST CELEBRATION WITH POLKA BAND! 2:30 – Dennis Goodwin in the Fountainroom	21 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 2:30 – Sensory Video and Manicures
22 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 2:30 – Inspirational Reading and Relaxation	23 10:00 – Music and Manicures 11:00 – The Sing Alongs in the Fountainroom! 2:30 – ROM movement to music, Massage and Relaxation	24 10:30 – Namaste 2:30 – Family Groups in Pods, Massage and Relaxation	25 10:30 – Namaste 2:30 – Resident Birthday Celebration and Music Relaxation	26 10:30 – Namaste with Live Harpist Nancy Addison 2:30 – ROM movement to music, Massage and Relaxation	27 10:30 – Namaste 10:30 – Kelly Dee in the Fountainroom! 2:30 – Warm Foot Massages and Relaxation	28 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 2:30 – Sensory Video and Manicures
29 10:30 – Namaste Facial/Lotion, Shave/lotion for Men 2:30 – Inspirational Reading and Relaxation	30 10:00 – Music/Manicures 2:30 – ROM movement to music, Massage and Relaxation	31 10:30 – Namaste Back/Neck/Head Massages 2:30 – Warm Foot Massages and Relaxation				*All activities are subject to change due to weather and the needs of the residents. Calendar does reflect pop up music therapy sessions led by Kelly Dee, MT-BC. These occur numerous times throughout the week.