








October West 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	10:30-12:00-Namaste 2:30-4:00 – Music/Manicures and Family Groups	10:30-12:00-Namaste 2:30 – 4:00 – Relaxing Nature videos and manicures	10:30-12:00-Namaste 2:30 – 4:00 – Relaxing Nature videos and manicures 	10:30 – Namaste with Live Harpist Nancy Addison 2:30 – ROM movement to music, Massage and Relaxation	10:30-12:00-Kevin Hyde in the Fountainroom 2:30 – Little Ricky in the Fountainroom 3:30-Refreshments	10:30-12:00-Namaste 2:30-Sybil Eberhart in Fountainroom 3:30-Refreshments
7	8	9	10	11	12	13
10:30-12:00 – Namaste 10:30-12:00 – Gospel Music 2:30 – Hymn Sing with Craig Hembree in the Fountainroom	10:30-12:00-Namaste 2:30-4:00 – Hand/Foot Massages and Family Groups	10:30-12:00-Namaste 2:30-4:00 – Hand/Foot Massages and Family Groups 	10:30-12:00-Namaste 2:30 – 4:00 – Relaxing Nature videos and manicures	10:30-12:00-Namaste 2:30-4:00 – Music Relaxation and Family Groups 	10:30-Craig Gleason in the fountainroom 2:30– Music/Manicures and Family Groups 3:00-Refreshments	10:30-12:00-Namaste 2:30-4:00 – Hand/Foot Massages and Family Groups
14	15	16	17	18	19	20
10:30-12:00 – Namaste 10:30-12:00 – Gospel Music 2:30-4:00 – Hand/Foot Massages and Family Groups	10:30-12:00-Namaste 2:30-4:00 – Music/Manicures and Family Groups 	10:30-12:00-Namaste 2:30-4:00 – Hand/Foot Massages and Family Groups	10:30 –Alan Weisenberg in Fountainroom 2:30-4:00 – Music Relaxation and Family Groups	10:30 – Namaste with Live Harpist Nancy Addison 2:30 – ROM movement to music, Massage and Relaxation	10:30 –Oktoberfest Party 2:30 – Dennis Goodwin in the Fountainroom 3:30 Refreshments	10:30-12:00-Namaste 2:30-4:00 – Music Relaxation and Family Groups 
21	22	23	24	25	26	27
10:30-12:00 – Namaste 10:30-12:00 – Gospel Music 2:30 – Hymn Sing with Craig Hembree in the Fountainroom	10:30-12:00-Namaste 11:00 – The Sing Alongs in the Fountain Room! 2:30-4:00 – Hand/Foot Massages and Family Groups	10:30-12:00-Namaste 2:30-4:00 – Music Relaxation and Family Groups 	10:30-12:00-Namaste 2:30-4:00 – Music/Manicures and Family Groups	10:30-12:00-Namaste 2:30-4:00 – Hand/Foot Massages and Family Groups	10:30 –Kevin Hyde in the Fountainroom 2:30- Bluesy Rats in the Fountainroom	10:30-12:00-Namaste 2:30-4:00 – Music Relaxation and Family Groups
28	29	30	31			
10:30-12:00 – Namaste 10:30-12:00 – Gospel Music 2:30-4:00 – Hand/Foot Massages and Family Groups	10:30-12:00-Namaste 2:30-4:00 – Music/Manicures and Family Groups	10:30-12:00-Namaste 2:30 – 4:00 – Relaxing Nature videos and manicures	10:30-12:00-Namaste 2:30-4:00 – Resident Halloween and Birthday Parties 